

# Raising A Thinking Child

Helping children learn HOW, not WHAT to think.

Children with critical thinking, impulse control, and conflict resolution skills are more likely to learn and do well, and less likely to experience juvenile delinquency, school problems and substance abuse later in life. Raising a Thinking Child (RTC) is a research-based program with demonstrated success in providing tools to parents and caregivers of young children that improve their children's behavior and social and emotional skills.

In Fall 2017, 14 parents (8 families with 13 children) completed the 8-week class, taught by Tenley Koehler, UWEX Family Living Educator. Key partners include: Door County Partnership for Children and Families, Door County Public Health Department, Sturgeon Bay Schools, and the Wisconsin Partnership Program.

## Families are seeing immediate results

Door County children demonstrated improvements in their behavior.

More positive behaviors,  
including:

- ↑ Kindness to other children
- ↑ Thinking before acting
- ↑ Eagerness to help others

Fewer negative behaviors,  
including:

- ↓ Anxiety (many fears and easily scared)
- ↓ Unhappiness, depression, and tearfulness
- ↓ Losing temper and stealing

## And big improvements in family stress

**100% of participants recommend this program to others!**

I am much better at helping my child think of how to solve problems on her own.

I feel calmer.

Less arguing in our home. Our child is now more likely to take accountability and offer solutions to problems.

Calmer at home. Less stress for parents.  
Bountiful communication and discussions.

“We have more tools to cope with and steer our child’s behavior. Ever better, they have become our primary tools.”

**Sign Up Today!**

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**Parents are gaining skills**



**Following the program, parents reported several improved parenting behaviors:**



**Helping their children talk about feelings.**



**Helping their children control anger and cope with frustration.**



**Helping their children to express their problems and guiding them to think of different ways to problem-solve.**

**And the impact is growing!**

**Parents report using RTC skills at home and at work!**

- 38% report using RTC skills with their spouse or partner
- 38% report using RTC skills with other’s children
- 30% report using RTC skills with co-workers

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